

Kha (Kh)

The Egyptians taught that human beings are composed of bodies of various densities.

The gross physical body was called the khab.

Within the energy body is a body of electromagnetic forces called the Khaibit. This body has also been called the animal (i.e., animating) spirit. Emotions, sensuality, motor nervous power and sense perceptions proceed from the Khaibit.

Khaibit is usually translated "shadow" and it seems apparent that Dr. Carl Gustav Jung arrived at his psychoanalytical shadow from a reading of the ancient literature.

The Khaibit is distributed throughout the blood, nervous system and energy channels that are well-documented in Chinese Taoist yoga.

E.A. Wallis Budge writes that "the Khaibit, or shadow of a man... was supposed to have an entirely independent existence and to be able to separate itself from the body; it was free to move wherever it pleased" (Book of the Dead, pg. 78).

The Khaibit seems similar to what Robert Bruce calls "the Real-time double."

Let not my soul be shut in. Let not my Khaibit be fettered. Let the way be opened for my soul and for my Khaibit. May it see the great god.

- Pert em Hru chapter 92

The Arabic letter kha ؟ refers to the Khaibit.

The polarity of the Ba (pure spirit) and the khab (gross body) generates the dense energy body called the Khaibit.

The Kha corresponds to a form of trikonasana.

